Spine-Back Back Back Back Back 3131; and Spine S Chair? Why is this chair an object? Object or subject? Subject or subject? Subject? Object or subject. Object. Object or subject. Object or subject. Object or subject. Object. Object or subject. Object. Object.

## Les Vulnérables

In my project, I explore the transformation of objects into subjects, using the human body and a chair to create a visual "alphabet" of trauma. Here, the chair—a symbol of comfort—becomes a conduit for expressing discomfort and vulnerability. By manipulating the chair's form and our interaction with it, I shift its role from a passive object to an active subject, embodying a distorted comfort that parallels the complexities of trauma. Through this process, I aim to create a language of trauma, using the body as a medium to communicate anxiety and the ways it physically manifests in relation to objects.

This idea connects to my earlier exploration of the relationship between humans and nature, where I examined our shifting interaction with natural elements. Through fragmenting and manipulating images of nature, I aimed to create an organic, expressive visual language that highlighted the human tendency to view nature as an object—something separate from ourselves and usable. By challenging this perception, I sought to reveal the underlying vulnerability and resilience that humans and nature share. Nature is often portrayed as vulnerable, yet resilient under pressure, much like human beings who find ways to withstand and grow through adversity. My goal was to create friction within this shared vulnerability to deepen our understanding of these relationships.

In essence, I question why we treat certain elements, like nature and objects, as external or disposable, rather than integral parts of ourselves. A chair, for example, only becomes a subject when we engage with it—when we sit, we allow it to support us, making it part of our experience and identity. I believe this dynamic extends to all our interactions; the things we touch, use, and exist alongside are part of us, as we are of them.

This synthesis of body, nature, and object seeks to break preconceived notions by distorting familiar forms, creating fragmented and manipulated visuals. These fragments invite viewers to reconsider how they categorise and relate to what surrounds them. By presenting these objects as subjects—possessing qualities we often associate only with ourselves, such as resilience and vulnerability—I aim to dissolve the boundary that keeps us separate from the environment and objects around us.

Ultimately, my project calls for a shift in perception, an openness to viewing comfort, vulnerability, and resilience as shared attributes that transcend the boundaries we've imposed between ourselves and our surroundings. Through our daily interactions, we form a continuous, dynamic relationship with everything we encounter; the objects and environments we engage with become part of our own narrative, and we become part of theirs.

